



# Get in the Organized Habit



with Natalie Conrad

*If you'd like to learn how to get organized... And then, more importantly, stay that way...*

You'll want Natalie Conrad to speak to your group. Natalie Conrad's mission is to help organize all areas of your life with an emphasis on making changes that can easily become habits. Anyone can get organized but *everyone* needs the skills to maintain it! Efficiency, streamlined processes and time management have been what she was most noted for in her prior careers of finance and administration.

Natalie has turned her passion for organization and time management into a career that allows her to reach out to help others. Her strategies and time saving tips will help you to **get** organized and **stay** organized. As a speaker, Natalie has energy! She gives the audience ideas that they can incorporate into the daily lives *immediately*.

Natalie can help even the most "disorganized" person:

- save time
- eliminate clutter
- limit frustration
- be more productive
- have more time for fun, life & family!

***Simply by utilizing Natalie's sound advice and helpful hints, you'll see a difference right away.***

Natalie is active in her community as a founding member of the National Association of Professional Organizers Sacramento Chapter and runs a monthly Declutter Your Life group. Natalie Conrad is an award winning speaker and author of *Organize to Downsize* and various other workbooks and articles.

**To book Natalie to speak for your company or group  
call 916-607-7496**

[www.organizedhabits.com](http://www.organizedhabits.com)



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## Seminar Topics

- **Taming the Paper Avalanche**  
*You've Heard "Touch It Only Once"... we'll show you a better way!*
- **96 Minutes to Productivity**  
*In less time than it takes to watch a movie – you'll be working faster, smarter!*
- **Organize to Downsize**  
*Based on her book with the same title, you will learn how to eliminate clutter and simplify your surroundings.*
- **Organizing with Children**  
*You shouldn't be the only one organizing – get the kids on board!*

## Media Appearances

News 10  
Sacramento & Co.  
CW 31  
Sacramento Bee  
Sacramento Magazine